



Summer 2025



RESERVATIONS

Reservations for programs are required and are taken two weeks prior to the program.

To register, please visit [Eventbrite.com](https://www.eventbrite.com) and search by program title, #HempsteadLake or #NatureEdventure.

Space is limited. If you are unable to keep your reservation, please cancel so others may have the opportunity to attend.

PAYMENT INFORMATION

- Tiny Tots (ages 3-5) - \$4 per child
- Children's Programs (geared for 6 & up) - \$4 per child
- Family Programs (geared for 6 & up) - \$4 per person
- Adult Programs (geared for 18 & up) - \$4 per person

Parking Fees may apply. Visit parks.ny.gov and search by park for more info.

CONTACT US!

📞 [\(516\) 766-1029](tel:(516)766-1029)

✉ hempsteadlakeEE@parks.ny.gov

Add us on
Facebook!



Follow us on Instagram!
@hempsteadlakestatepark



Environmental Education and Resiliency Center



Summer Hours:
Open Daily
9:00AM - 5:00PM





**The historic
Hempstead Lake State Park
carousel is open on weekends
and holidays!
\$2 per ride**

SUMMER

AT HEMPSTEAD LAKE STATE PARK

**Be on the lookout for
Environmental Education
tabling occurring in the
park throughout the
summer!**



**Visit the
Hempstead Lake State Park
gift shop!**

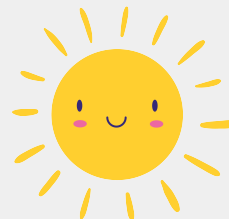
Mugs | T- Shirts | Keychains | And More!

**Located in the Field 1 Environmental Education
& Resiliency Center at the front desk!**



**Please email
hempsteadlakeee@parks.ny.gov to
inquire about school trips, scout
programs, and volunteer
opportunities!**

**\$8 Vehicle Use Fee
is in effect**



Summer in the Park Word Search

I	J	S	U	N	G	L	A	S	S	E	S	M	F	V	H	O	Y
N	C	Z	S	T	E	N	N	I	S	B	I	B	M	U	O	P	J
S	S	A	X	I	S	U	N	S	C	R	E	E	N	N	C	O	
E	U	B	G	A	R	D	E	N	S	O	J	Y	P	S	M	A	M
C	N	I	P	I	C	N	I	C	B	P	O	N	D	T	N	R	M
T	S	C	U	O	P	X	S	F	L	O	W	E	R	S	V	O	B
S	H	Y	J	C	I	B	A	S	K	E	T	B	A	L	L	U	I
K	I	C	E	C	R	E	A	M	F	C	L	O	U	D	S	S	R
Z	N	L	C	W	U	W	Z	F	I	S	H	I	N	G	V	E	D
D	E	E	D	C	J	N	Q	A	P	W	G	W	L	S	Y	L	S
S	W	T	X	B	B	O	A	T	I	N	G	C	L	A	K	E	P
Y	O	G	W	P	L	A	Y	G	R	O	U	N	D	J	D	N	J

PLAYGROUND
BASKETBALL
SUNGLASSES
SUNSCREEN
ICE CREAM
SUNSHINE
CAROUSEL

BOATING
INSECTS
FISHING
BICYCLE
GARDENS
FLOWERS
PICNIC

TENNIS
CLOUDS
BIRDS
LAKE
POND
FUN



(A) indicates Adult Program

(C) indicates Children's Program

(F) indicates Family Program

JULY 2025

New York State
Parks, Recreation and
Historic Preservation



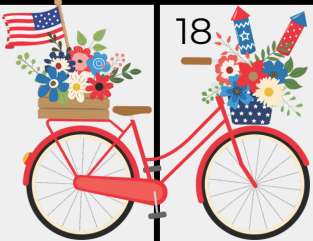



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Hempstead Lake State Park

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4 <i>Happy 4th of July</i>	5
6 Compost Jar Workshop 11:00AM - 12:30PM (F)	7	8	9 Tiny Tots: Weather 10:00AM - 11:00AM	10	11	12
13 Recycling & Collage Creations 11:00AM - 12:30PM (F)	14	15 Story Hour 10:00AM - 11:00AM (C)	16	17 	18 	19
20	21	22 Crafts & Coffee: Macramé 10:00AM - 11:30AM (A)	23 Tiny Tots: Outer Space 10:00AM - 11:00AM	24	25	26 Weeding & Watering 9:00AM - 10:30AM (Ages 12+)
27 Self Care Sunday 9:30AM - 11:00AM (A)	28	29 Story Hour 10:00AM - 11:00AM (C)	30			

JULY 2025

PROGRAM DESCRIPTIONS



New York State
Parks, Recreation and
Historic Preservation

Eventbrite

[Register here!](#)



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Hempstead Lake State Park

Compost Jar Workshop | Sunday, July 6th | 11:00AM - 12:30PM | Family Program

Ever wonder what happens to your food scraps after they hit the bin? Join us to explore the basics of composting and build your own layered compost jar to take home! You'll learn how decomposition works and how easy it is to start reducing waste right from your kitchen.

Recycling & Collage Creations | Sunday, July 13th | 11:00AM - 12:30PM | Children's Program

Join us for a fun and hands-on environmental adventure! Kids will learn all about recycling by sorting real “trash” into recycling, compost, and trash bins. Then, they’ll get creative using clean recyclable materials to make colorful collage art—turning trash into treasure!

Crafts and Coffee: Macramé | Tuesday, July 22nd | 10:00AM - 11:30AM | Adult Program

Join us in learning the textile art of macramé knot tying. Participants will leave with a new piece of wall decor they've made!

Weeding and Watering | Saturday, July 26th | 9:00AM - 10:30AM | Ages 12+ | FREE VOLUNTEER EVENT

Assist educators in maintaining and beautifying our native plant garden during this free volunteer event!

Self Care Sunday | Sunday, July 27th | 9:30AM - 11:00AM | Adult Program

Pamper yourself by joining us for some self care! We will be discussing the importance of self care, different methods of self care, and we will make all-natural personal care products for you to take home!

STORY HOUR

Join us for a story time in the park! Children ages 6 and up are invited to listen to a read aloud story book before participating in a hands on activity.

10:00AM -11:00AM
Tuesday, July 15th
Tuesday, July 29th



TINY TOTS


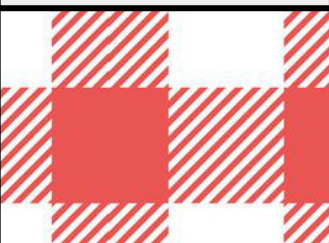




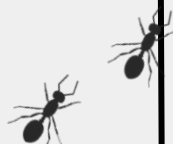






Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00AM -11:00AM
Wednesday, July 9th: Weather
Wednesday, July 23rd: Outer Space



AUGUST 2025



SUNDAY	MO N D A Y	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Magnificent Mycology 10:00AM - 11:00AM (C)
3	4	5 	6 Tiny Tots: Bugs 10:00AM - 11:00AM	7	8	9
10	11 	12 Story Hour 10:00AM - 11:00AM (F)	13	14	15	16 Native Creatures 10:00AM - 11:00AM (C)
17 Fruits of Your Labor 9:00AM - 10:30AM (A)	18 	19	20 Tiny Tots: Mud Kitchen 10:00AM - 11:00AM	21	22	23 Weeding & Watering 9:00AM - 10:30AM (Ages 12+)
24 Woodland Wonders 10:00AM - 11:00AM (C)	25 	26 Crafts & Coffee: Collages 10:00AM - 11:30AM (A)	27 	28 	29 	30 
31						

AUGUST 2025

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New York State
Parks, Recreation and
Historic Preservation

Eventbrite

[Register here!](#)



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Hempstead Lake State Park

Magnificent Mycology | Saturday, August 2nd | 10:00AM - 11:00AM | Children's Program

Did you know mushrooms are more similar to humans than plants!? Join us in learning about the fascinating world of fungi before taking a walk around the park in search of specimens!

Native Creatures | Saturday, August 16th | 10:00Am - 11:00AM | Children's Program

Do you love wildlife? If so, join us to learn about all the native wildlife that can be found on Long Island, including here at Hempstead Lake!

Fruits of Your Labor | Sunday, August 17th | 9:00AM - 10:30AM | Adult Program

After harvest season, what do you do with your bounty? Join us to learn about simple methods and recipes to turn your hard-earned gardening into delicious treats!

Weeding and Watering | Saturday, August 23rd | 9:00AM - 10:30AM | Ages 12+ | FREE VOLUNTEER EVENT

Assist educators in maintaining and beautifying our native plant garden during this free volunteer event!

Woodland Wonders | Sunday, August 24th | 10:00AM - 11:00AM | Children's Program

Join us to learn about the wonders of the forest! From critters and their habitats to how trees communicate with each other, we will dive into the diversity of forests.

Crafts and Coffee: Collages | Tuesday, August 26th | 10:00AM - 11:30AM | Adult Program

One of the best ways to put old magazines to use is through collaging! Gift yourself a morning of relaxation while learning a new skill.

STORY HOUR

Join us for a story time in the park! Children ages 6 and up are invited to listen to a read aloud story book before participating in a hands on activity.

10:00AM -11:00AM
Tuesday, August 12th



TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.




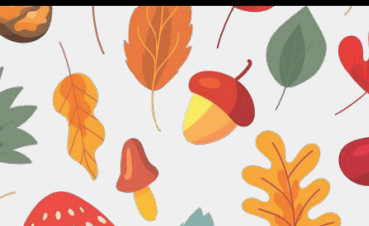
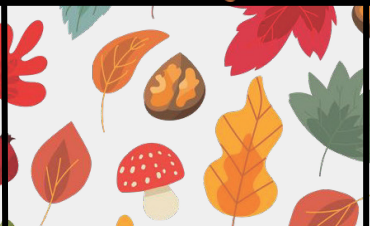
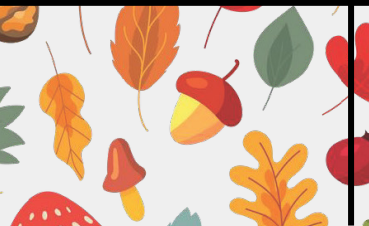
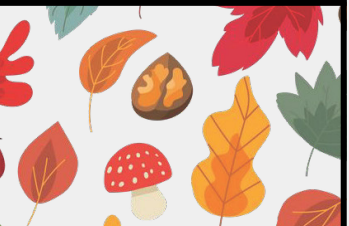
10:00AM -11:00AM
Wednesday, August 6th: Bugs
Wednesday, August 20th: Mud Kitchen





SEPTEMBER 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 	2	3 Tiny Tots: Wild Friends 10:00AM - 11:00AM	4	5	6
7 Canning 101 10:00AM - 11:30AM (A)	8	9	10	11	12	13 Magic of Monarchs 10:00AM - 11:00AM (C)
14	15	16	17 Tiny Tots: Seasons 10:00AM - 11:00AM	18 	19	20 Fossilized Finds 10:00AM - 11:30AM (C)
21 Fall Equinox Hike 9:00AM - 10:30AM (Ages 12+)	22	23 Crochet Get Together 10:00AM - 11:30AM (A)	24	25	26	27
28 Celebrate Hispanic Heritage Month 10:00AM - 11:00AM (F)	29	30 				

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Hempstead Lake State Park

Magic of Monarchs | Saturday, September 13th | 10:00AM - 11:00AM | Children's Program

Monarch butterflies are some of the most beautiful insects you can spot. Come learn about the butterfly life cycle and the unique lives of Monarchs before going into the park and seeing if we can spot any flying through the sky!

Canning 101 | Sunday, September 14th | 10:00AM - 11:30AM | Adult Program

When you've got more produce than you know what to do with, canning is a must. Join us to learn how to turn your produce into shelf stable products through simple methods.

Fossilized Finds | Sunday, September 20th | 10:00AM - 11:30AM | Children's Program

Take a look into the past with us to discover the wonders of paleontology and fossils! We will be discussing all-things paleontology including Long Island fossils, how fossils are made, and more through hands on activities!

Fall Equinox Hike | Sunday, September 20th | 9:00AM - 10:30AM | FREE Ages 12+ Program

Celebrate the fall equinox with an invigorating morning hike around the lake.

Crochet Get Together | Tuesday, September 23rd | 10:00AM - 11:30AM | FREE Adult Program

Bring your work in progress with you to the education center and crochet alongside individuals of all experience levels. Participants must bring their own project/yarn/hooks, as no supplies will be provided.

Celebrate Hispanic Heritage Month | Sunday, September 28th | 10:00AM - 11:00AM | FREE Family Program

Happy Hispanic Heritage Month! Celebrate with an educator through a story time and hands on activity.

TINY TOTS

Explore the natural world around us. These programs will connect children and their parents with nature through short walks, animal visitors, and crafts.

10:00AM - 11:00AM

Wednesday, September 3rd: Wild Friends

Wednesday, September 17th: Seasons

