

# DISC GOLF BASICS

## WHAT IS DISC GOLF?

Also known as Frisbee golf, disc golf is a great way to spend time outside with family or friends. The rules of the sport are very similar to traditional ball golf. Players use specially designed discs to throw from a tee area with the goal being to get a disc into the disc golf basket (a metal cage encircled by rows of hanging chains) in the least amount of throws.

The sport offers an easy learning curve - and even better, there are no greens fees. An entire family can get started for a minimal amount of money and can use their discs all season long. Most state parks with courses have discs for sale at their main office or the camp store. Each park offers a good selection of discs for beginners and the ex-perienced pro as well.

## WHO PLAYS DISC GOLF?

There are approximately 15,000 disc golf courses in the United States and Canada. Disc golf is considered one of the country's fastest-growing sports.

Many disc golfers are made up of families that spend the day together, picnicking and enjoying a beautiful day while playing a round of disc golf. There are even tour-ing disc golf pros who make their living playing in tour-naments. Disc golfers are youngsters playing with their grandparents or a group of teens, spending time outside competing against one another.



# EMPIRE PASSPORT

## A GREAT WAY TO SAVE

The Empire Passport is a great way to save on a whole year of parking!

Annual Empire Passport - Players can keep more green in their pockets by purchasing an Empire Passport at any local state park or regional office. This will cover parking at nearly all state parks each year.

Also, players who wish to only pay for a day can use that same cost of admission at any other state park on that day. Just be sure to hold onto your ticket and your entry into any other state park is covered.

## POPULAR DISC GOLF WEBSITES

### A List of Over 15,000 Courses Around the World

Disc Golf Course Review - [www.dgcoursereview.com](http://www.dgcoursereview.com)

Professional Disc Golf Association - [www.pdga.com](http://www.pdga.com)

UDisc - [www.udisc.com](http://www.udisc.com) (app also available)

### Facebook Pages

Disc Golf in Buffalo

WNYDGC

Disc Golf 716

Greater Rochester Disc Golf

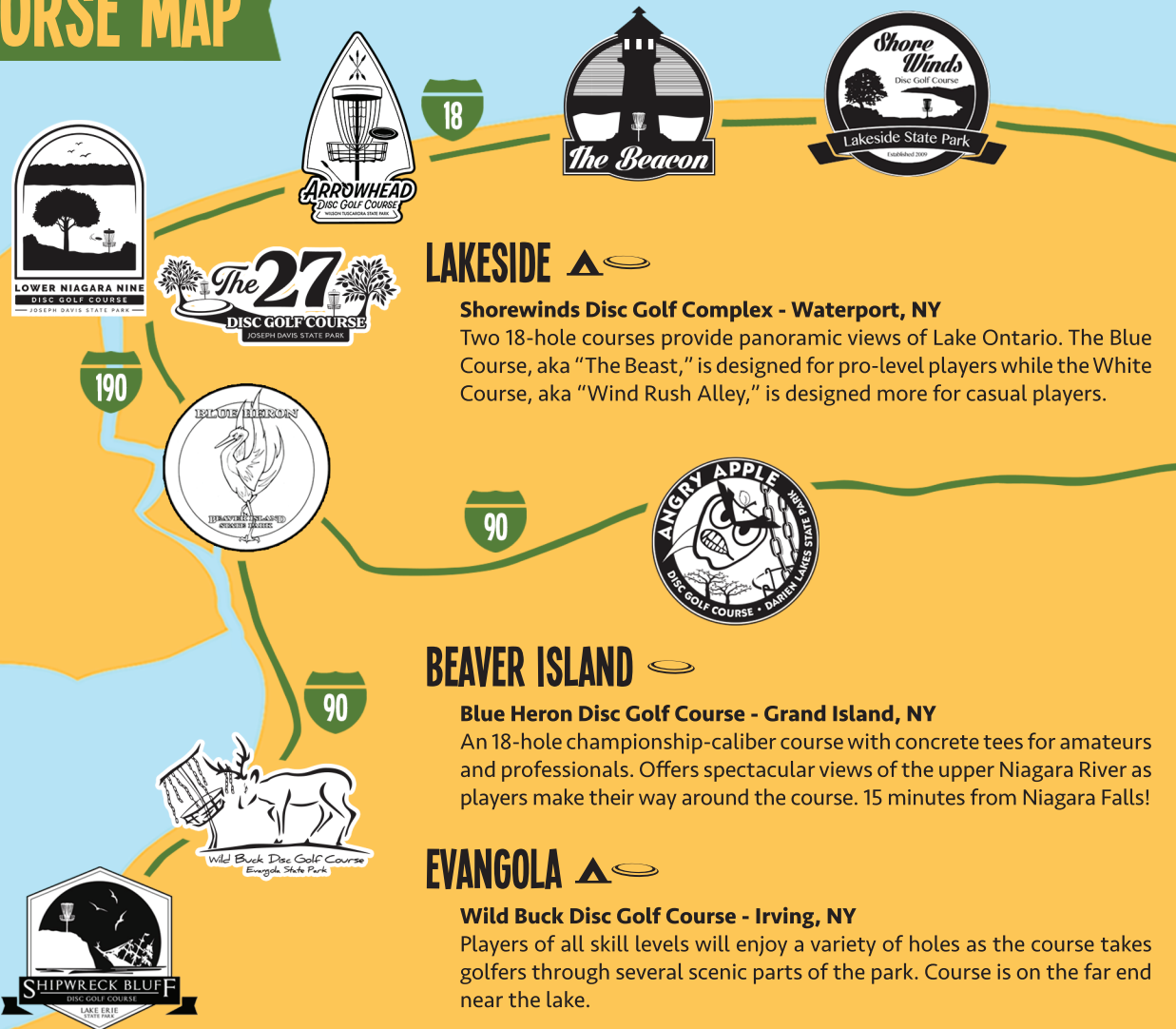
# DISC GOLF AT WNY STATE PARKS

## GIVE IT A SHOT!



New York State  
Parks, Recreation and  
Historic Preservation

# COURSE MAP



▲ Camping available onsite or nearby  
 ○ Discs/ supplies sold at park office  
**For camping reservations, visit -**  
[www.parks.ny.gov/camping](http://www.parks.ny.gov/camping)

## LAKESIDE ▲○

### Shorewinds Disc Golf Complex - Waterport, NY

Two 18-hole courses provide panoramic views of Lake Ontario. The Blue Course, aka "The Beast," is designed for pro-level players while the White Course, aka "Wind Rush Alley," is designed more for casual players.

## BEAVER ISLAND ▲○

### Blue Heron Disc Golf Course - Grand Island, NY

An 18-hole championship-caliber course with concrete tees for amateurs and professionals. Offers spectacular views of the upper Niagara River as players make their way around the course. 15 minutes from Niagara Falls!

## EVANGOLA ▲○

### Wild Buck Disc Golf Course - Irving, NY

Players of all skill levels will enjoy a variety of holes as the course takes golfers through several scenic parts of the park. Course is on the far end near the lake.

## LAKE ERIE ▲○

### Shipwreck Bluff Disc Golf Course - Brocton, NY

This course takes advantage of some of the most scenic views Lake Erie has to offer. Designed to challenge pro players, yet user friendly for casual players both young and old.

# COURSE INFORMATION

## GOLDEN HILL ▲○

### The Beacon Disc Golf Course - Barker, NY

This 18-hole course provides a fun time out in a quiet part of the park. It's final hole offering a breathtaking view of Lake Ontario - on a clear day players can see the amazing Toronto skyline! Course starts in the marina parking lot.

## WILSON-TUSCARORA ▲

### Arrowhead Disc Golf Course - Wilson, NY

Challenging yet forgiving course with concrete pads for all levels of players.

## JOSEPH DAVIS

### Joseph Davis Disc Golf Complex - Lewiston, NY

"The 27 Disc Golf Course", often referred to as the "Mother Course" for its place in WNY disc golf history, was installed in the summer of 1980. This makes it one of the first disc golf courses - anywhere! Originally 18 holes, it was expanded to its current 27 holes in 1997. The course has concrete pads for amateur golfers, which draws players for all four seasons. The course is geared for more casual golfers, yet it offers enough variety that Open players will have fun with a number of birdie opportunities - if they're on their game.

The "Niagara Nine Disc Golf Course" is a separate nine-hole course located in the lower portion of the park. The course provides amazing views of the Lower Niagara River. Its design is set up to challenge golfers - regardless of their skill level. Many golfers enjoy The Niagara Nine, following a round of "The 27."

## DARIEN LAKES ▲○

### Angry Apple Disc Golf Course - Darien Center, NY

Challenging course that winds through an old apple orchard.

