## HAND COORDINATION

- 1. Make fists with both hands, place your left fist at the center of your chest and your right fist against your left fist, like this. (Demonstrate)
- 2. Remain in this position while I explain the test. Do you understand? (Response)
- 3. When I say begin, you must perform four tasks.
  - The first task is to count out loud from one to four while you move your fists in a step-like fashion, making contact between your fists at each step. (Demonstrate while counting out loud 1,2,3,4)
  - The second task is to memorize the position of your fists after you have counted to four, clap your hands three times and return your fists to the memorized position. (Demonstrate)
  - The third task is to move your fists in a step-like fashion in reverse order, counting out loud from five to eight and returning your left fist to your chest. (Demonstrate while counting out loud 5,6,7,8)

• The fourth task is to open yo place them in your lap. (Demo	ur hands with palms down and nstrate)
Do you understand? (Respons	e)
Begin.	
INSTRUCTION STAGE Unable to follow instructions Started at wrong time	TOTAL CLUES Evaluation Criteria: 3 or More Clues
PERFORMANCE STAGE Task 1 - Forward Steps Improper count	Task 3 - Return Steps Improper count ☐ Improper touch ☐ Did not return left fist to chest ☐ Did not perform ☐
Improper count	Task 4 - End Position Improper position ☐ Did not perform ☐

New York State Parks, Recreation and



# STANDARDIZED SEATED BATTERY **FIELD SOBRIETY TESTING**

**INSTRUCTIONS AND CLUES** 

SUBJECT NAME:	
DATE:	
CASE#:	

# **GENERAL INSTRUCTIONS**

- 1. Please sit straight at the front edge of your seat.
- 2. Put your arms down at your sides.
- 3. Place your feet shoulder-width apart so you are comfortable and stable. Are you stable? (Response)
- 4. Do not move your feet until the tests are over.
- 5. Stay in this position and do not do anything else until I tell you to do so.
- 6. Do you understand? (Response)

#### **PRE-TEST QUESTIONS**

- 1. Do you have any physical defects or disabilities?
- 2. Do you have any defects with your eyes?
- 3. Are you sick or injured?
- 4. Are you under the care of a doctor or dentist?
- 5. Are you taking any medication or drugs?

## **HORIZONTAL GAZE NYSTAGMUS**

#### Administrative Procedures

- 1. Have the subject remove eyeglasses if worn.
- 2. Are you wearing contact lenses? ☐ Yes ☐ No
- 3. Keep your head still & look at the stimulus Follow the movement of the stimulus with your eyes only. Keep looking at the stimulus until the test is over. Do You understand? (Response)
- 4. Position the stimulus about 12-15 inches from the subjects nose.
- Check for equal pupil size, resting nystagmus and equal tracking.
- 6. Check for lack of smooth pursuit.
- Check for distinct & sustained nystagmus at max. deviation.
- 8. Check for onset of nystagmus prior to 45-degrees.
- 9. Check for vertical nystagmus.

CLUES	Left	Right
Lack of smooth pursuit		
Distinct & sustained nystagmus at max. deviation		
Onset of nystagmus prior to 45-degrees		

<b>TOTAL CLUES</b>	
<b>Evaluation Criteria:</b>	
4 or More Clues	

VER	TICAL NYSTAGMUS:
Yes	
No	

# **FINGER TO NOSE**

- Make a fist with both hands, extend your index fingers & turn your palms forward. (Demonstrate) Remain in this position while I explain the test. Do you understand? (Response)
- When I say begin, tilt your head back to about a 45° angle & close your eyes. (Demonstrate)
- 3. When I tell you to, touch the tip of your nose with the tip of your index finger and immediately return it to your side. (Demonstrate and explain the fingertip, pad and side of fingers and demonstrate touching tip of the nose.)
- 4. When I say right, you must touch your right index finger to your nose; when I say left, you must touch your left index finger to your nose. Do you understand? (Response)
- 5. Begin. (After head tilt...) Left... Right... Left... Right... Right... Left (After performance...) Open your eyes and straighten your head.

INSTRUCTION STAGE	PERFORMANCE STAGE
Unable to follow instructions $\Box$	Did not close eyes
Started at wrong time	Did not tilt head
	Open eyes during test
	Moved head during test (1"+) $\Gamma$
Loft Dink	A Lafe Dimbe Dimbe Lafe

	Left	Right	Left	Right	Right	Left
Wrong hand						
Wrong finger						
Hesitated						
Searched						
Not fingertip						
Missed nose						
Did not bring down						

TOTAL CLUES Evaluation Criteria: 9 or More Clues

## **PALM PAT**

- Place your hands palm to palm with one hand up and one hand down, like this. (Demonstrate)
- 2. Remain in this position while I explain the test. Do you understand? (Response)
- 3. When I tell you to begin, turn the top of your hand over and count out loud "one," then turn the hand back over and count out loud "two," counting only when your hands make contact, like this. (Demonstrate)
- Repeat this, speed up as you go, and do not stop until told. Make sure to keep your hands and fingers parallel during each pat, like this. (Demonstrate)
- 5. Do you understand? (Response)
- 6. Begin. (If necessary, tell to speed up)

INSTRUCTION STAGE Unable to follow instructions Started at wrong time	
Chopped pat Other improper pat	
(document) Did not increase speed Rotated hands Stopped before told  TOTAL CLUES Evaluation Criteria:	

2 or More Clues