

# TRAIL GUIDES

&

## CELL PHONE TOURS SAMPSON STATE PARK

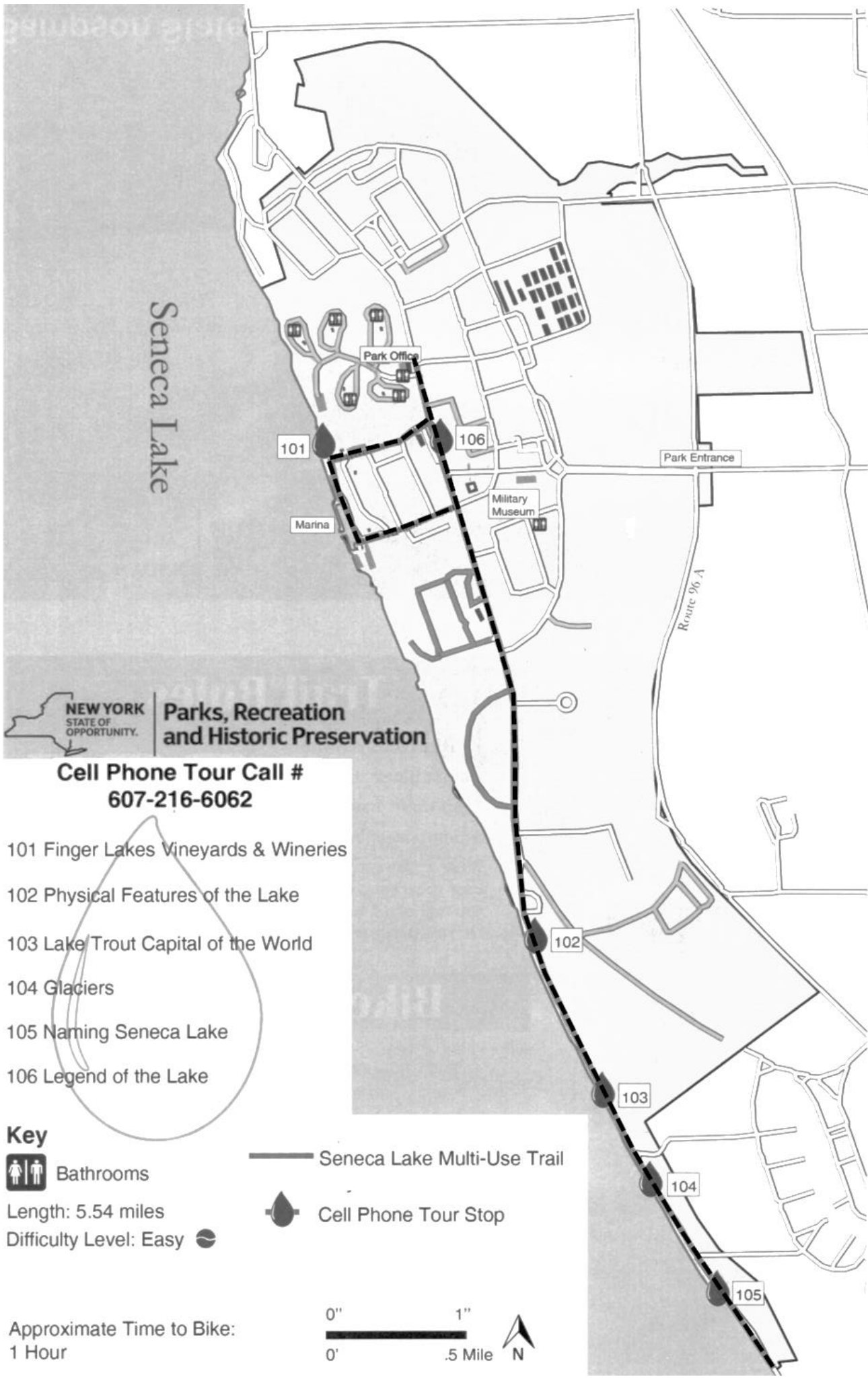


- **Cell Phone Tour instructions**

- On your cell phone dial (607)216-6062
- Follow the prompt, dial the three digit code indicated on the marker
- Listen and enjoy!

- **Trail Rules**

- Be courteous to others
- Do not block the trail
- Announce when passing
- Wear a helmet. New York State Law Requires all cyclists 14 and under to wear a helmet
- Do not use cell phone while in motion



Seneca Lake

101

106

Park Entrance

Marina

Military Museum

Route 96 A



**Parks, Recreation and Historic Preservation**

**Cell Phone Tour Call #  
607-216-6062**

- 101 Finger Lakes Vineyards & Wineries
- 102 Physical Features of the Lake
- 103 Lake Trout Capital of the World
- 104 Glaciers
- 105 Naming Seneca Lake
- 106 Legend of the Lake

**Key**

- Bathrooms
- Length: 5.54 miles
- Difficulty Level: Easy

Seneca Lake Multi-Use Trail

Cell Phone Tour Stop

Approximate Time to Bike:  
1 Hour

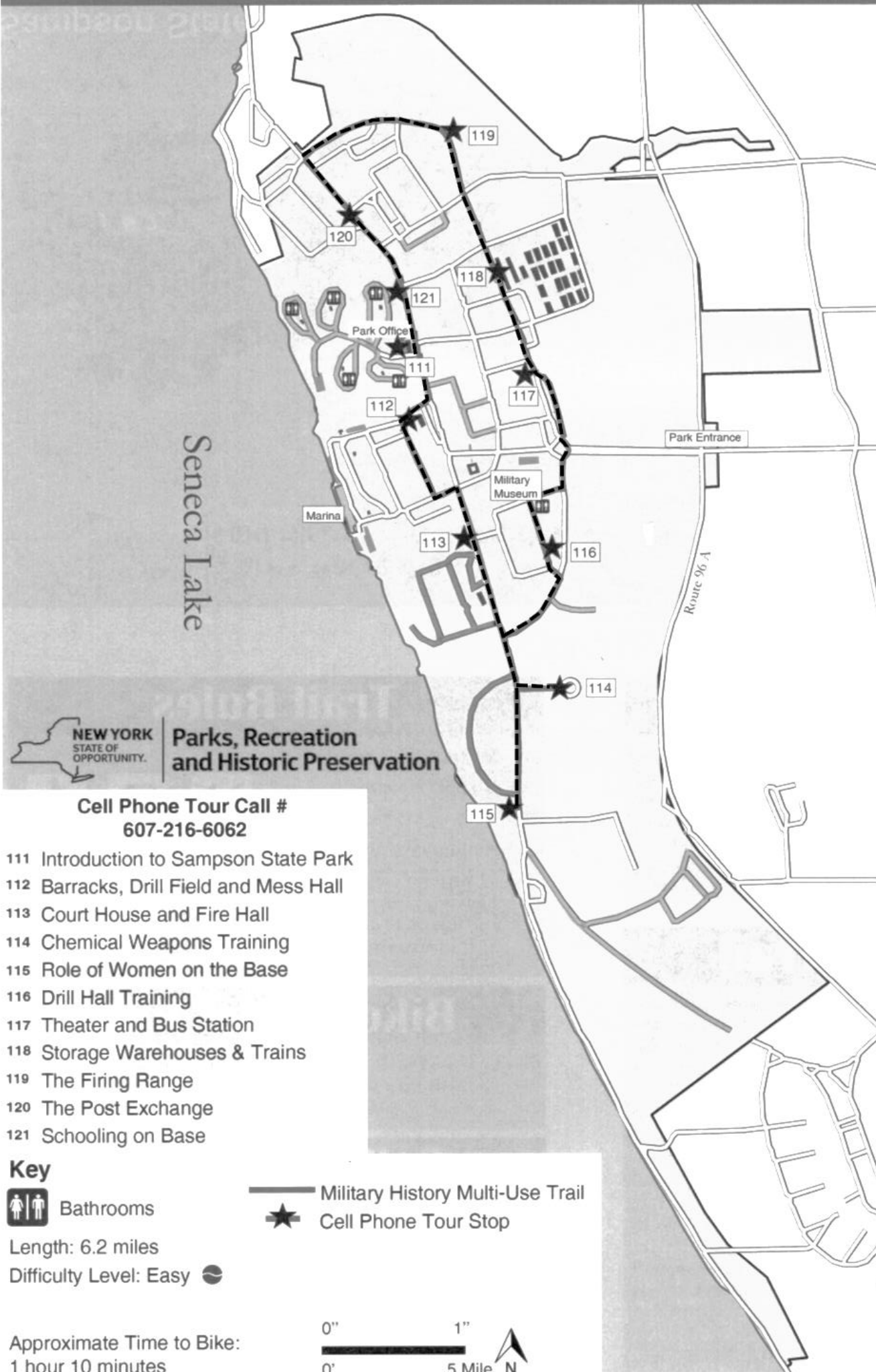


102

103

104

105



**Parks, Recreation and Historic Preservation**

**Cell Phone Tour Call #  
607-216-6062**

- 111 Introduction to Sampson State Park
- 112 Barracks, Drill Field and Mess Hall
- 113 Court House and Fire Hall
- 114 Chemical Weapons Training
- 115 Role of Women on the Base
- 116 Drill Hall Training
- 117 Theater and Bus Station
- 118 Storage Warehouses & Trains
- 119 The Firing Range
- 120 The Post Exchange
- 121 Schooling on Base

**Key**

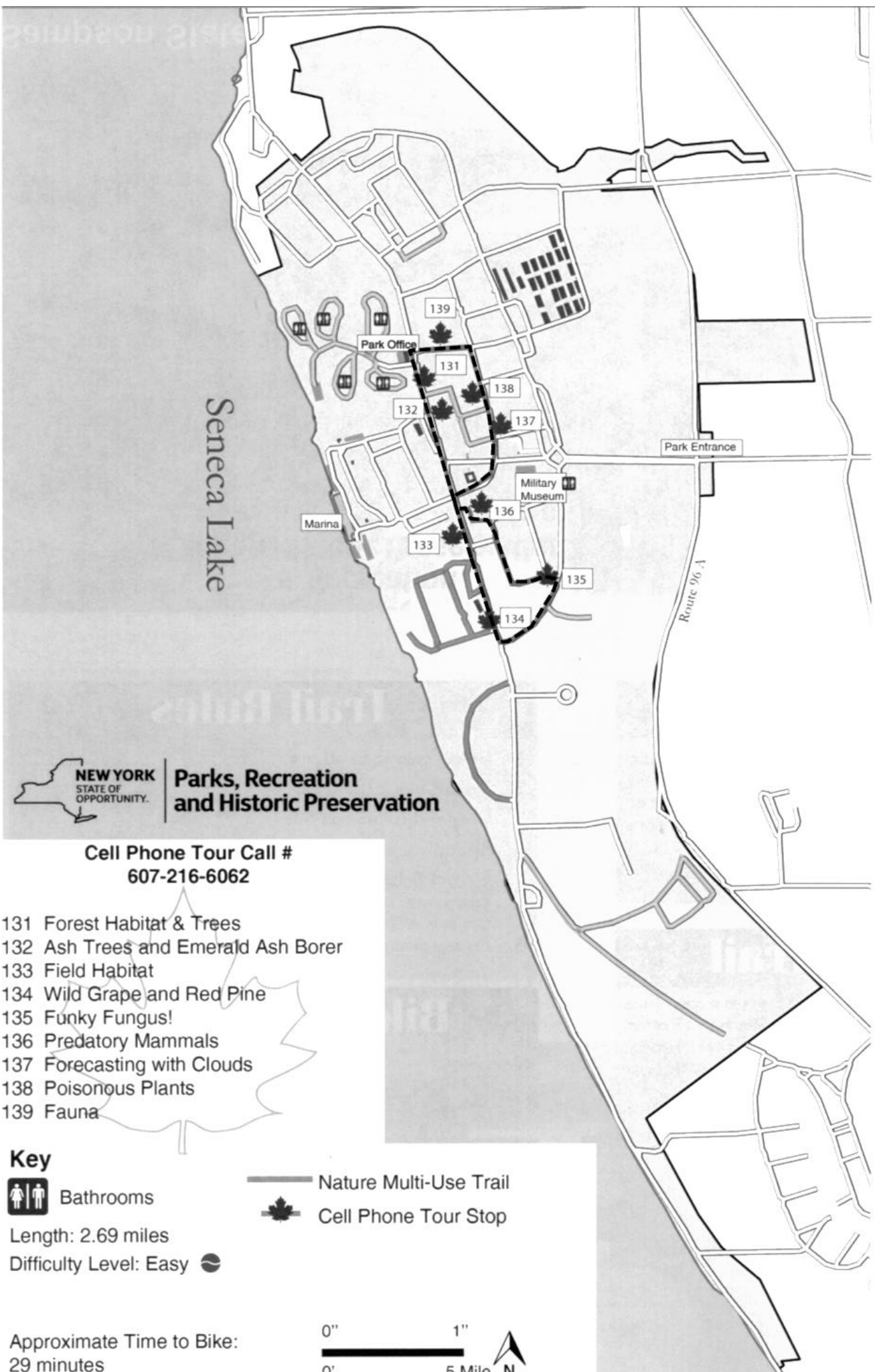


Length: 6.2 miles  
Difficulty Level: Easy



Approximate Time to Bike:  
1 hour 10 minutes





**Parks, Recreation  
and Historic Preservation**

**Cell Phone Tour Call #  
607-216-6062**

- 131 Forest Habitat & Trees
- 132 Ash Trees and Emerald Ash Borer
- 133 Field Habitat
- 134 Wild Grape and Red Pine
- 135 Funky Fungus!
- 136 Predatory Mammals
- 137 Forecasting with Clouds
- 138 Poisonous Plants
- 139 Fauna

**Key**



Bathrooms



Nature Multi-Use Trail



Cell Phone Tour Stop

Length: 2.69 miles

Difficulty Level: Easy

Approximate Time to Bike:  
29 minutes

