

Support the Preserve!

whose mission is to help restore and maintain the Preserve's unique system

Friends of the

Rockefeller State Park Preserve

OCA





P

FIELDS & FORESTS

Swan Lake is the scenic heart of the Preserve and Brothers' Path is the gateway. Brothers' Path, which circles the lake, offers wildflower and sightings of painted turtles sunning on logs, water lilies, herons, wintering waterfowl, and stately red oak trees. Connecting trails lead through hardwood forest into a network of fields with long views and lichen-encrusted rock walls. The rolling pastures of David Rockefeller's Hudson Pine Farm will be bequeathed to New York State. Through a cooperative agreement, Stone Barns Center for Food and Agriculture grazes livestock using movable fences. In the spring, listen for the bubbly, tinkling call of bobolinks and "okalee" call of redwinged blackbirds.

Trail Name	(mi/km)	Trail Name	(mi/km)
Ash Tree Loop	0.77 / 1.23	Nature's Way	0.49 / 0.79
Barnyard Hill	0.30 / 0.48	Old Sleepy Hollow	0.64 / 1.02
Brook Trail	0.87 / 1.40	Road Trail	
Brothers' Path	1.11 / 1.79	Overlook Trail	0.69 / 1.11
Carl's Brook Path	0.24 / 0.39	Old Railroad Bed	0.34 / 0.55
David's Loop	0.93 / 1.50	Peaceful Path	0.39 / 0.63
Deer Run	0.40 / 0.64	Peeper Pond Path	0.11 / 0.18
Equestrian Access Trail	0.50 / 0.80	Pocantico Gate	0.48 / 0.77
Farm Meadow Trail	0.77 / 1.24	Ridge Trail	0.97 / 1.56
Greenrock Road	0.79 / 1.27	Rock Wall Loop	0.68 / 1.09
Hadad's Way	0.18 / 0.29	Simental	0.46 / 0.74
Headwater Trail	0.24 / 0.39	Spring Trail	0.65 / 1.05
Hillside	0.63 / 1.01	Stone Barns Path	0.50 / 0.80
Horseshoe Bend	0.31 / 0.50	Turkey Run	0.19 / 0.31
Hudson Pines Road	0.94 / 1.51	Winter Quarters	0.18 / 0.29
Maple Loop	0.63 / 1.01		

1 Glacial Erratic 2 Sleepy Hollow Cistern 3 Swan Lake Overlook 4 Curious Creek Crossing 5 Toad Face 6 Fishpond Ruins

(mi/km)

BUTTERMILK HILL AREA

Trail Name

In the eastern section of the Preserve, Buttermilk Hill overlooks the Sawmill River Valley. The trails on this forested ridge are more isolated and wilder. Buttermilk Hill Trail hugs the steep slope along rock outcroppings becoming narrower and steeper towards Raven's Rock, a deeply fissured and fractured cliff. Look for spring wildflowers and migratory songbirds, especially colorful warblers.

7 Northeast Passage 8 USGS Benchmark 9 Reservoir Bridge 10 Fairy Circle 11 Stone Arches 12 Raven's Rock

Buttermilk Hill 1.59 / 2.56 County Lane 0.76 / 1.22 Ferguson's Loop 1.77 / 2.85 Flying Squirrel Trail 1.04 / 1.67 **Goat Trail** 0.96 / 1.54 Lucy's Loop

Trail Name (mi/km) 0.28 / 0.45 Old Orchard Trail Pasture Lane 0.16 / 0.26 Perry Road 1.94 / 3.12 0.43 / 0.69Raven's Rock 0.94 / 1.51 Reservoir Loop

POCANTICO RIVER / EAGLE HILL

In the western section of the Preserve, the carriage roads lead through deep forest, sunlit fields, and gurgling streams. Three 100-year-old stone bridges span the scenic Pocantico River. Gory Brook, a slender stream with a mysterious name, is crisscrossed by 13 Bridges Trail. In the autumn and winter, Eagle Hill offers superb fall colors and distant views of the Hudson River and Palisade Cliffs. Bluebirds, swallows, and hawks are seen in and around the rolling fields.

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<u>Trail Name</u>	<u>(mi/km)</u>	Trail Name	(mi/km)
13 Bridges Loop	2.03 / 3.27	OCA Connector	0.22 / 0.35
Big Tree Trail	1.18 / 1.90	Peggy's Way	0.53 / 0.85
Canter Alley	0.34 / 0.55	Pocantico River Trail	1.87 / 3.01
Douglas Hill Loop	1.05 / 1.69	Shady Lane	0.25 / 0.40
Eagle Hill Trail	0.87 / 1.40	Spook Rock Trail	0.26 / 0.42
Gory Brook Road Trail	0.34 / 0.55	Stone Bridge Trail	0.39 / 0.63
Old Croton Aqueduct	2.85 / 4.59	Witch's Spring Trail	0.75 / 1.21

13 Pocantico Falls 14 Sleepy Hollow "Hollow" 15 Eagle Hill Lookout 16 Triple Arch Bridge 17 Hulda's Hut 18 Spook Rock

ROCKWOOD HALL / HUDSON RIVER

Rockwood Hall, William Rockefeller's gentleman's farm estate from 1886-1922, was landscaped by Frederick Law Olmsted, co-designer of Central Park. While the mansion is gone, Rockwood Hall offers grand vistas of the Hudson River and Palisade Cliffs, spacious grassy fields, magnificent specimen trees, and massive rock walls and terraces. It is a good vantage point to sight Monarch butterflies in the fall and bald eagles in the winter.

Trail Name (mi/km) Trail Name (mi/km) Foundation Loop 0.65 / 1.05 Upper Trail 0.49 / 0.79 0.21 / 0.38 Rockwood Hall Brook Trail 0.44 / 0.71 Middle Trail 0.95 / 1.53 Lower Trail

19 Foundation Ruins 20 White Tree of Rockwood 21 Bridge View Benches 22 Sugar Shack 23 Rockwood Creek & Bridges

PRINTING UNDERWRITTEN BY:





Rockefeller State Park Preserve

This Preserve has been made possible through the farsighted and generous gift of the Rockefeller Family. Since 1983, over 1700 acres of their Pocantico Hills and Rockwood Hall estates have been deeded to the State of New York to safeguard the natural beauty and wildlife of these lands for present and future generations.

Placed on the National Register of Historic Places by the United States Department of the Interior, the Preserve is operated by the New York State Office of Parks, Recreation and Historic Preservation, the Preserve encompasses forested hills and valleys interspersed with a pastoral landscape of fields and pastures in the Pocantico River watershed. distinguishing feature of the Preserve is the 45 miles of carriage paths, primarily designed by John D. Rockefeller Jr., that lead visitors around the 22- acre Swan Lake and down shady river lanes and intimate wooded paths to panoramic vistas.

The main entrance is on Route 117, one mile east of Route 9. The visitor center features a garden with 425 tree peonies donated by Yatsuka Town in the Shimane Prefecture of Japan which bloom in early May and a gallery with changing exhibits of contemporary art and natural and local history.

Open sunrise to sunset, the Preserve is ideal for walking, jogging, and cross-country skiing, as well as nature study, birding, hiking, and photography. Permits are available for horseback riding, carriage driving, and running teams.

DESTINATION AREAS: Numbered on the map, are featured destination areas to find and explore. Descriptions of each area can be found online at friendsrock.org or at parks.ny.gov

Rules & Trail Etiquette

STAY ON THE CARRAIGE PATHS. Please stay out of the fields except when at the Rockwood Hall Area

Share the carriage paths. They are multi-use

Dogs must always be leashed and under control

Carry out litter and dog waste. There are no garbage bins Fishing requires a NYSDEC license

Running (Organized groups, 7 or more require a permit):

- Run in groups of 4 or less with 200 ft. between groups
- Run two abreast, pass on left or where safe
- Communicate with others before passing them.
- Yield to carriages and equestrians, as horses have blind spots and may behave unpredictably

PROHIBITIONS ALL AREAS:

- Alcohol Smoking Fires/Grills

- Hunting - Trapping Camping

Amplified Music

Bikes/Scooters - Drones - Skateboards Mechanized Vehicles -Ball Playing

PROHIBITED ACTIVITIES except at Rockwood Hall

- Picnicking
- Ball Playing
- Kite Flying - Frisbees
- Sledding

Carriage Roads of the PRESERVE



125 PHELPS WAY PLEASANTVILLE, NY 10570 (914) 631-1470

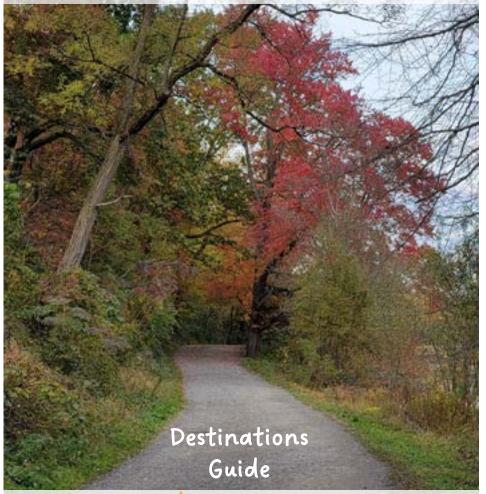


Kathy Hochul, Governor Erik Kulleseid, Commissioner

An Equal Opportunity/Affirmative Action Agency



Rockefeller State Park Preserve





SECTORS OF THE PRESERVE

Swan Lake / Farm Fields & Forests

Buttermilk Hill Area

Pocantico River / Eagle Hill / 13 Bridges

Rockwood Hall / Hudson River

This Destination Guide is intended to be a companion to the Rockefeller State Park Preserve Map.

www.rockefellerstateparkpreserve.org/maps

Produced by:

RangerSu and Linda Parker

Cover image: RangerSu

March 2024



Welcome to the Rockefeller State Park Preserve!

We have created this Destinations Guide to give you some ideas for places to go and things to see while enjoying your visit at the Preserve. We always welcome your feedback.

Please remember, Rockefeller is a *Park Preserve*. That means you many very well catch sight or sound of the 202 different bird species that call Rockefeller home as well as coyotes, racoons, squirrels, chipmunks, mink, turtles, deer, frogs, insects, skunk, hedgehogs, groundhogs, snakes, fish, and many other residents of the Preserve.

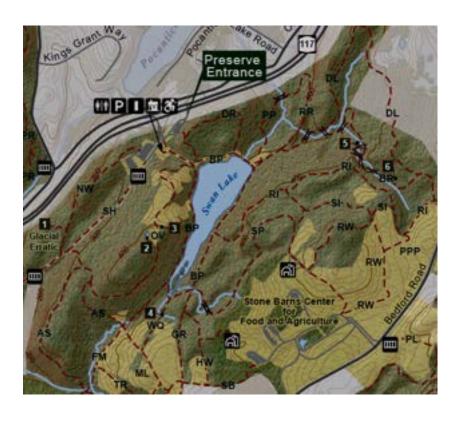
It also means that:

- Dogs must be leashed at all times
- Bicycles, mechanized vehicles, drones, metal detectors, snowmobiling, camping and open fires are strictly prohibited.
- See more info at www.rockefellerstateparkpreserve.org

Thank you for your cooperation and we hope you enjoy your visit.

Sector: Swan Lake/Farm Fields & Forests

#1, #2, #3, #4, #5, #6





#1 Glacial Erratic

SECTOR Swan Lake

TRAIL Nature's Way (NW)

GPS 41.10854, -73.84267

DESCRIPTION: This glacial erratic likely hitched a ride on a glacier in the Artic Circle before being cast off here in the Preserve maybe 10,000 years ago. It is 20 feet high and 65 feet around and is one of the largest in the Hudson River Valley.



#2 Sleepy Hollow Cistern

SECTOR Swan Lake

TRAIL Overlook Trail (OV)

GPS 41.10808, -73.83655

DESCRIPTION: Stay on the trail while observing from a distance a large capacity cistern storing water that is still in use for the town of Sleepy Hollow.



#3 Swan Lake Overlook

SECTOR Swan Lake

TRAIL Overlook Trail (OV)

GPS 41.10876, -73.83668

DESCRIPTION: Enjoy a lovely walk on a trail providing a beautiful view of our Swan Lake along the open field. Sit on a nearby bench under the large tree to enjoy the view and the shade provided on a hot Summer day.



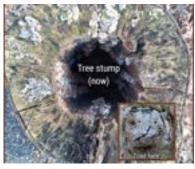
#4 Curious Creek Crossing

SECTOR Forests to Farm Fields

TRAIL Winter Quarters (WQ)

GPS 41.10466, -73.83641

DESCRIPTION: In these broad pastures to the left and right of the trail once roamed a mighty herd of David Rockefeller's breeding cattle. This natural spring-fed stream was their water source. You wont need a boat to cross but you might get your feet wet.



#5 Former Toad Face Tree
(now a tree stump)

SECTOR Swan Lake

TRAIL Brook Trail (BR)

41.11231, -73.82525

DESCRIPTION: Travel along Brook Trail and look closely at the trees. Many have their own characters and some tell stories. This location is where a former tree had what looked like a toad face protruding from its trunk. Sadly it rotted and fell. What is left is this tree trunk that changes with other life forms taking over.

GPS



#6 Fishpond Ruins

SECTOR Forests

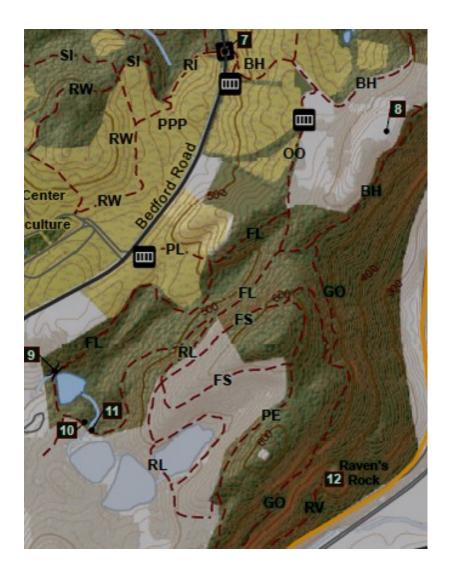
TRAIL Brook Trail (BR)

GPS 41.11018, -73.82325

DESCRIPTION: In the 1900's, fish were farm raised in this fishpond. Now abandoned, you can probably imagine local kids might have snuck in to swim here on a hot summer day. Weirs along this trail were said to have been put in by the Rockefellers so the King of England could fish when he visited.

Sector: Buttermilk Hill Area

#7, #8, #9, #10, #11, #12





#7 Northwest Passage Tunnel
SECTOR Buttermilk Hill Area

TRAIL Buttermilk Hill (BH)

GPS 41.10939, -73.82020

DESCRIPTION: Wander under this stone structure to cross to the "other side" of the Preserve. Buttermilk is an idyllic part of the park often missed by visitors. Like much of the area, it has a history.



#8 USGS Benchmark and Plaque—Oldest Triangulation Station in America

SECTOR Buttermilk Hill Area

TRAIL Buttermilk Hill (BH)

GPS 41.11064, -73.80994

DESCRIPTION: This 1883 plaque commemorates the bicentennial of the Buttermilk Hill triangulation station by the US Geological Survey as the oldest triangulation station in America. The actual Benchmark is some .5 miles west of this plaque (see GPS



#9 Reservoir Bridge

SECTOR Buttermilk Hill Area

TRAIL Overlook Trail (OV)

GPS 41.09986, -73.82716

DESCRIPTION: This lovely reservoir is often missed by visitors to the Preserve. If you trek Buttermilk, don't be one of them. It's lovely in all seasons.



#10 Fairy Circle

SECTOR Buttermilk Hill Area

TRAIL Ferguson Lake (FL)

GPS 41.09829, -73.82603

DESCRIPTION: Nobody knows who built this little gathering circle, but it has been there as long as we can remember. Could it be fairies gather here?



#11 Stone Arch Creek
Tunnels

SECTOR Buttermilk Hill Area

TRAIL Ferguson Lake (FL)

41.09806, -73.82568

DESCRIPTION: These interesting 3 stone arches are simply a means to channel water but are a nice example of the detail taken by the Rockefellers to have everything done to be consistent and unobtrusive. A single cement pipe could have been used but would overwhelm the space. Since John D. Jr was involved in most of the

construction decision, he obviously influenced the final design.

GPS



#12 Ravens Rock

SECTOR Buttermilk Hill Area

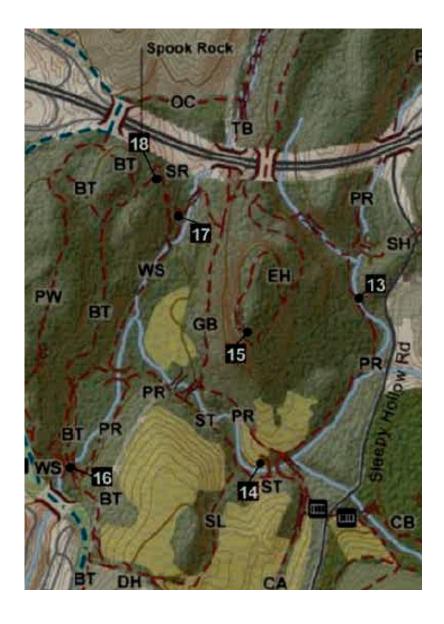
TRAIL Raven's Rock (RR)

GPS 41.09650, -73.81627

DESCRIPTION: This destination is guaranteed to amaze you when you reach it, even if you DO NOT see the legendary resident ghost as mentioned in "The Legend of Sleepy Hollow".

Sector: Pocantico River/ Eagle Hill / 13 Bridges

#13, #14, #15, #16, #17, #18





#13 Pocantico Falls

SECTOR Pocantico

TRAIL Pocantico River Trail

(PR)

GPS 41.10436, -73.84656

DESCRIPTION: The largest waterfall in the Preserve, this falls can go from mighty to meager depending on the season. It's also quite striking in mid-winter with its many ice formations.



#14 Sleepy Hollow "Hollow"

SECTOR Pocantico

TRAIL Pocantico River Trail

(PR)

GPS 41.10035, -73.84941

DESCRIPTION: This amazing tree lives yet invites you to come stand inside and feel its energy. Is it a yoga tree?



#15 Eagle Hill Lookout Point

SECTOR Pocantico

TRAIL Eagle Hill (EH)

GPS 41.10339, -73.85022

DESCRIPTION: One of the most spectacular views in the entire Preserve is this bench overlooking the Hudson River and the Mario Cuomo bridge. If you are lucky you might even see a bald eagle while you are up on Eagle hill. Listen, as you may hear them before you see them.



#16 Triple Arch Bridge

SECTOR Pocantico

TRAIL Big Tree Trail (BT)

GPS 41.10026, -73.85641

DESCRIPTION: This magnificent structure was the first triple arch bridge built in the United States. It spans the Pocantico and provides a fantastic view of the massive Old Aqueduct Trail embankment.



#17 Hulda's Hut

SECTOR Pocantico

TRAIL Witch's Spring Trial (WS)

GPS 41.10667, -73.85226

DESCRIPTION: "Hulda the Witch" (more likely a misunderstood healer, but certainly a real person) is said to have lived on this spot. What you see is a recreation the Preserve created to tell her story which is intriguing part of the our history. More info: www.huldasnight.com



#18 Spook Rock

SECTOR Pocantico

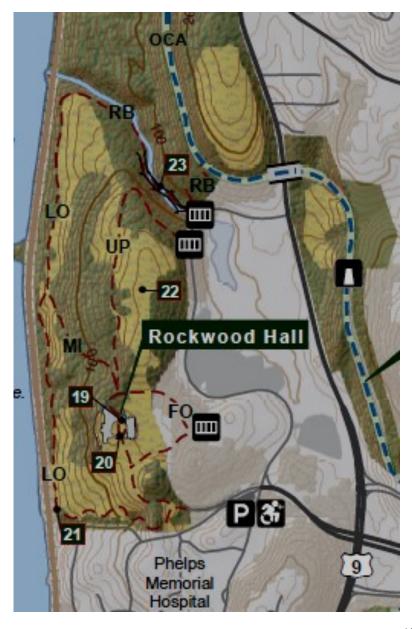
TRAIL Spook Rock Trail (SR)

GPS 41.10796, -73.85314

DESCRIPTION: More Sleepy Hollow legends can be found at Spook Rock. Can you see the legendary maidens dancing around their basket atop the ancient Native American council rock? Download our Legends booklet at: www.rockefellerstateparkpreserve.org/legends

Sector: Rockwood Hall / Hudson River

#19, #20, #21, #22, #23





#19 Foundation Ruins

SECTOR Rockwood Hall

TRAIL Foundation Loop (FO)

GPS 41.11313, -73.86593

DESCRIPTION: Rockwood Hall was former home of William Rockefeller, brother of John D. Rockefeller, both co-founders of the Standard Oil Company. The mansion at its height had 204 rooms making it the second-largest private house in the U.S. at the time.



#20 The White Tree of Rockwood

SECTOR Rockwood Hall

TRAIL Foundation Loop (FO)

GPS 41.11219, -73.86555

DESCRIPTION: One of the most spectacular trees on the property, this Sycamore stands proudly at the foundation like a sentinel. It is best viewed at a distance, however, as you climb up the Lower Trail to return to the entrance.



#21 Bridge View Benches

SECTOR Rockwood Hall

TRAIL Lower Trail (LO)

GPS 41.11114, -73.86789

DESCRIPTION: One of the best views of the Hudson and the Bridge can be seen from this bench. You may not want to leave!



DESCRIPTION: We are not certain, but we believe sugar from the surrounding sugar maples was processed here when the area was a working farm.



#23 Rockwood Creek & Bridges

SECTOR Rockwood Hall

TRAIL Rockwood Hall Brook Trail (RB)

GPS 41.11860, -73.86446

DESCRIPTION: This lovely hidden walk is missed by many visitors who only see the Foundation. Don't miss this. It is a cool place in the summer with lovely shaded trees and the sound of the creek flowing past. Can you see where this creek joins with the Hudson?

New York State Parks, Recreation & Historic Preservation Rockefeller State Park Preserve

125 Phelps Way, Pleasantville, NY 10570 914-631-1470 x 0

www.rockefellerstateparkpreserve.org



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