

## Starting your Walkabout:

1) Walk at least 5 trails on the map using the checklist below.

2) Turn in your completed checklist at any location listed to receive your free Walkabout patch.

Additional Walkabout brochures for friends and family are also available at these locations:

- Hyde Park Recreation Dept. at Hackett Hill Park (By appointment 845-229-8086 x 5)
- Wallace Visitor & Education Center at FDR Home & Presidential Library
- Vanderbilt Mansion Visitor Center
- Val-Kill Visitor Center (seasonal)
- The River Connection Outdoor outfitters on West Market St.
- Town of Hyde Park website: [www.hydeparkny.us/recreation/trails](http://www.hydeparkny.us/recreation/trails)



### Walkabout Trails

Check when hiked

- |                                   |  |
|-----------------------------------|--|
| A. Vanderbilt Loop                |  |
| B. Bard Rock Trail                |  |
| C. Pinewoods Nature Trail Loop    |  |
| D. Hackett Hill Park Trails       |  |
| E. Winnakee Nature Preserve Trail |  |
| F. Roosevelt Woods Trail          |  |
| G. Roosevelt Farm Lane Trail      |  |
| H. Eleanor's Walk                 |  |
| I. Top Cottage Trail              |  |
| J. Blue Trail                     |  |
| K. White Trail                    |  |

Your Name \_\_\_\_\_

Your Comments \_\_\_\_\_

WALKABOUT is brought to you by the Dutchess County Department of Health and the Hyde Park Trail Partnership



# Hyde Park Walkabout Trail Map

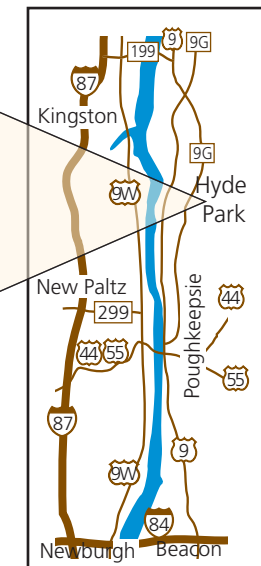


### Hike safely

- Wear clothing & footwear appropriate for season & terrain.
- Some trails run along or cross public roads. Stay off railroad tracks.
- Ticks which can spread Lyme Disease are common here. Avoid brushing against vegetation and use insect repellent.
- Poison-ivy is common along the trail.
- Drinking water is not available along the trail. Be sure to bring your own.

### Please remember

- Stay on marked trails. Respect the generous landowners who have granted permission to cross their land.
- Park only in designated parking lots.
- Trails open sunrise to sunset. Cars left at National Historic Sites could get locked in.
- Carry out what you carry in.
- No fires. Do not remove plants, wildlife, or artifacts.
- Foot travel on all trails - no motorized vehicles.
- At Roosevelt Farm & Forest, bicycles permitted on Roosevelt Farm Lane Trail (tulip-tree markers) only during March through November. No biking on Red, Yellow, Blue or any other trails at any time.
- Members of the "Fats in the Cats" bike club **only** are authorized to bicycle on the the red trail at the Winnakee Nature Preserve.



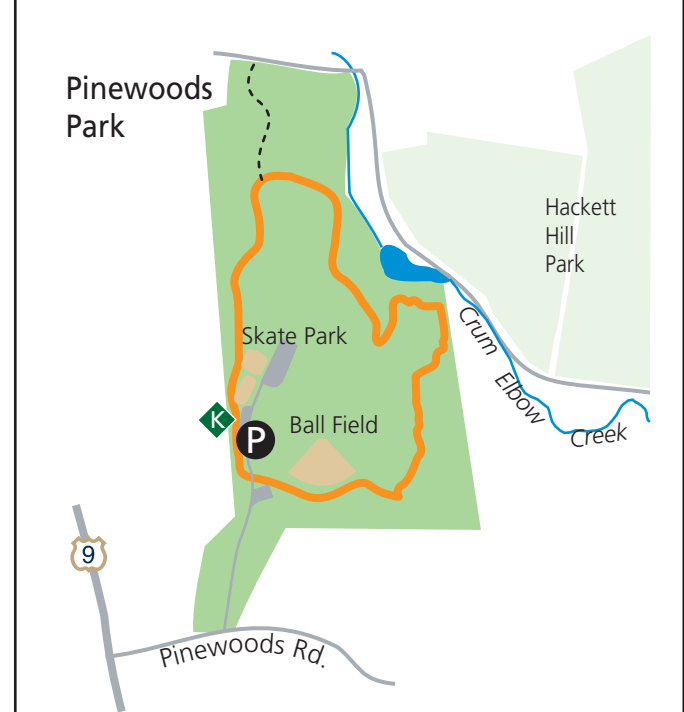
- A. Vanderbilt Loop (2.5 mile round trip)
- B. Bard Rock Trail (3.2 mile round trip)



Parking is at Vanderbilt Mansion National Historic Site parking lot. Follow loop.

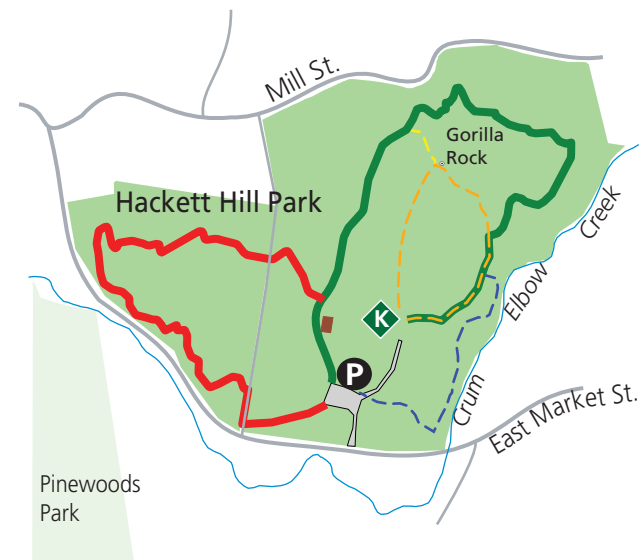
- **Hike B** (dashed line on map): Easy walking on flat part of Hike A. Park at Riverfront Park, left out of parking lot onto River Rd., left onto Dock St. Enter iron gates, bear left, follow trail to Bard Rock and return the same way.

- C. Pinewoods Nature Trail Loop (0.7 mile loop)



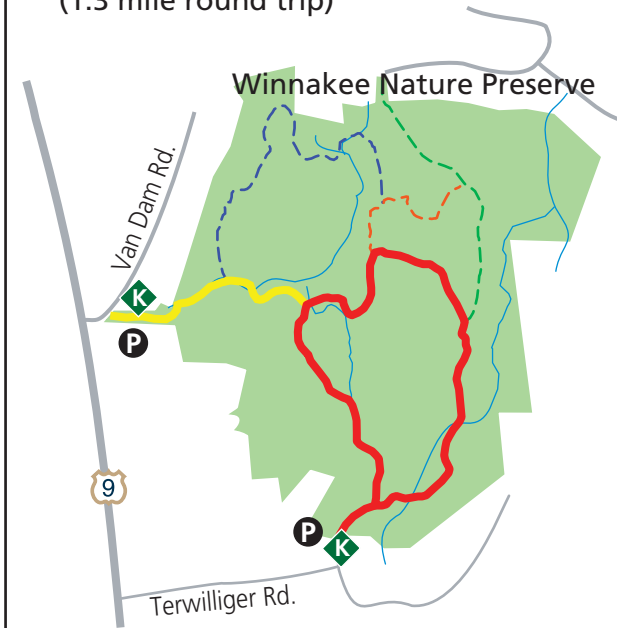
- Easy 3/4 mile walk on a woodland path.
- Parking is in Pinewoods Park, next to the playground.
- Follow orange blazes.

**D. Hackett Hill Park - Woodland and Guinea Community Trails**  
(1.1 mile loop)



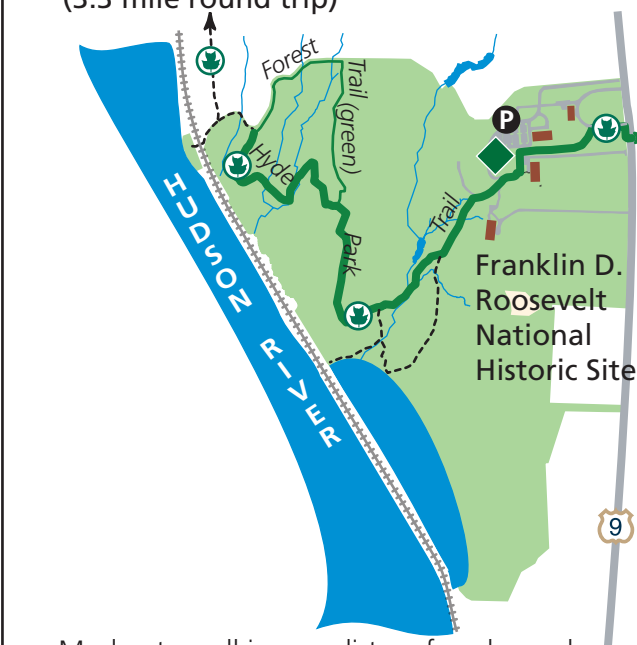
- Woodland trail (green) easy walking, Guinea Community trail (red) moderate, rough surface.
- Park office information desk and seasonal restrooms.
- Parking is at the Hackett Hill parking lot, on East Market St.

**E. Winnakee Nature Preserve Trail**  
(1.3 mile round trip)



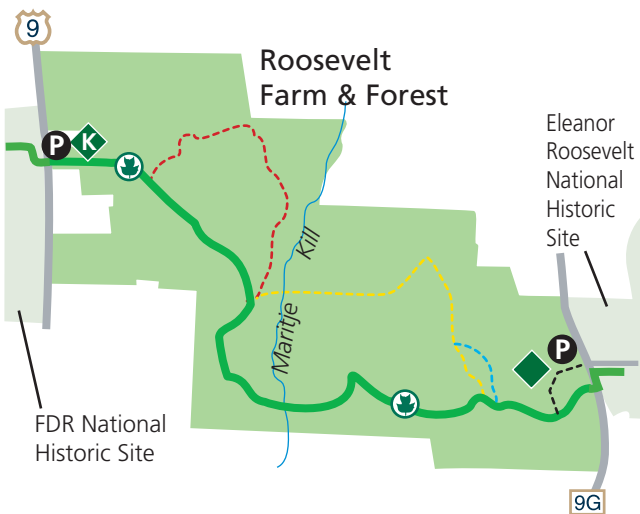
- Easy to moderate walking on dirt-surfaced woods roads with rolling hills.
- Solid lines are measured loop, dashed lines are other open trails.
- Parking is in back of Pete's Famous Cafe & Grill on Route 9, or at end of Terwilliger Rd. Ext.

**F. Roosevelt Woods Trail**  
(3.3 mile round trip)



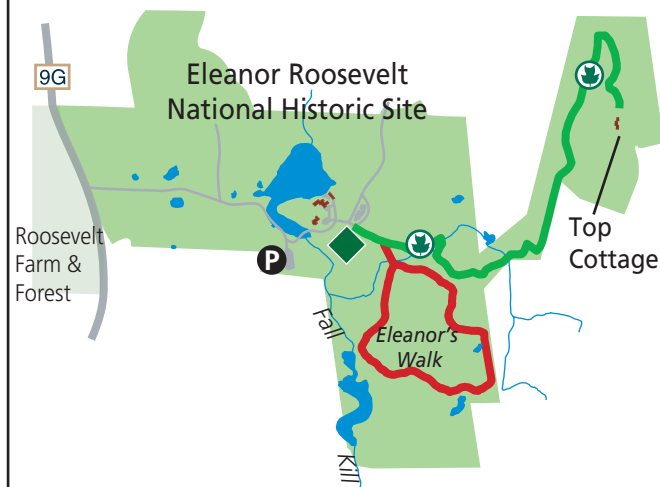
- Moderate walking on dirt-surfaced woods roads with some steep hills. Tulip-tree markers and green blazes.
- Henry Wallace Visitor Center info desk, restrooms & seasonal café are available.
- Parking is at main parking area for the FDR National Historic Site.

**G. Roosevelt Farm Lane Trail**  
(3.6 mile round trip)



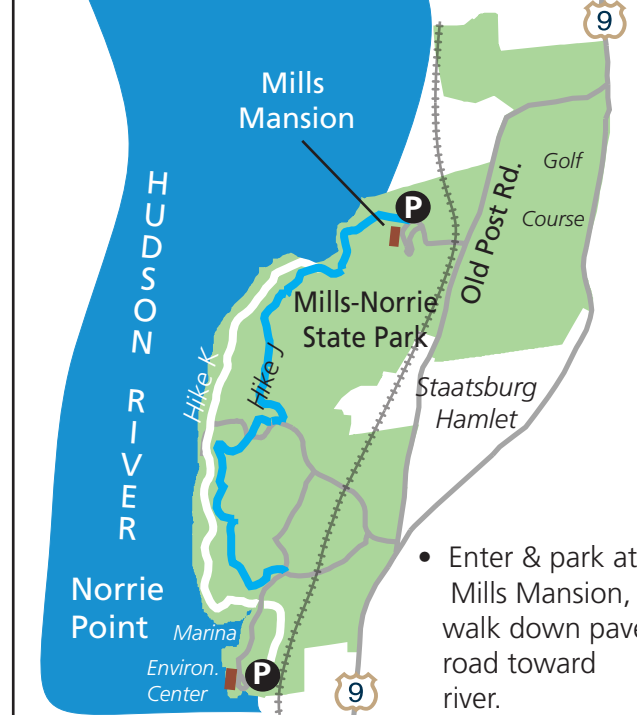
- Easy walking on gravel-surfaced woods roads with gently rolling hills.
- Bicycling permitted March - November on Farm Lane. No biking on Red, Yellow, Blue or any other trails.
- Parking at Rt. 9 trailhead, just north of Hyde Park Steakhouse & Brewing Company, or at Rt. 9G across from Val-Kill entrance.

**H. Eleanor's Walk**  
(1.0 mile loop)  
**I. Top Cottage Trail**  
(2.0 mile round trip)



- Moderate walking on woodland paths with some steep hills on both Eleanor's Walk (red) and Top Cottage Trail (tulip-tree leaf marker).
- Visitor Center information desk and restrooms are available seasonally.
- Parking is at the Eleanor Roosevelt National Historic Site parking lot.

**J. Blue Trail** (2.4 mile one-way)  
**K. White Trail** (1.75 mile one-way)

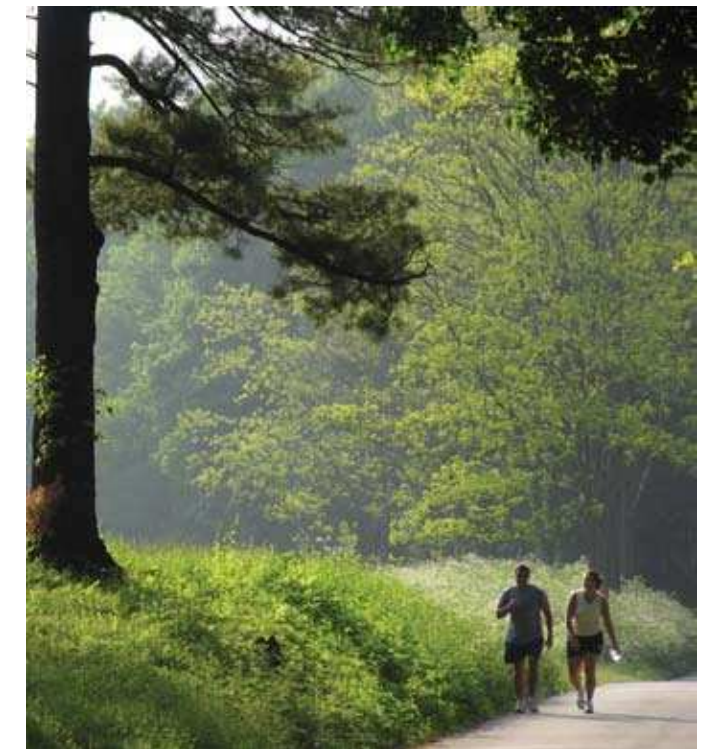


- Enter & park at Mills Mansion, walk down paved road toward river.
- **Hike J:** Moderate to steep walking. Rolling hills on paved and woods roads with river views.
- **Hike K:** Moderate walking along river path. From Mills Mansion take Blue Trail to White Trail.

# Hyde Park Healthy Trails Walkabout



Walkabout is a project to promote healthy physical activity - walking on trails. Walk at least 5 trails, see great places, get great exercise, and earn a free sew-on patch.



## The Hyde Park Trail

system includes nearly 16 miles of trails linking parks and historic sites in the town of Hyde Park, NY. The members of the Hyde Park Trail Partnership and many dedicated volunteers have worked since 1988 to build these trails for local residents and visitors alike.

**Enjoy them!**

