## **HERE'S HOW IT WORKS**

- Free The Parks Adventure Bus and park entry is free to riders
- Arrive 10 minutes early to board buses downtown and at all parks
- Park rangers are on park grounds to assist you
- Follow all posted rules or signage for your safety
- Bicycle racks are on the front of every Metro bus, but only hold two bikes

It is first come, first served

- Additional bikes will not be permitted on the bus
- Bike parking and a Reddy Bikeshare station are available at the downtown bus station

## WHAT TO KNOW **BEFORE YOU GO**

- Wear comfortable closed-toe athletic shoes or boots
- Bring a full water bottle, fully charged cell phone, and a backpack with a lunch or snacks
- Wear sunscreen, sunglasses, and a hat; bring a light jacket
- Swimsuits and towels for the pool or beach
- All parks have bathrooms
- Proper disposal of trash and recycling is required
- In case of emergency, call 911 and seek help from a park ranger
- Pets are not allowed on NFTA-Metro vehicles or facilities; service animals are always welcomed
- Drinking, eating, smoking, and flammable liquids or materials are not allowed on Metro vehicles

# **TRIPTIMES**

Departing from the <b>Metropolitan Transportation</b> <b>Center</b> (the bus station in downtown Buffalo) to the parks	▶ 8:30 ам
	→ 10:15 ам
	→ 11:30 ам
	→ 1:15 рм
	→ 3:15 рм
Departing from <b>the parks</b> to the Metropolitan Transportation Center	→ 11:10 ам
	→ 12:20 рм
	→ 2:10 рм
	→ 4:05 рм

PAL **TRIPTIMES** 

Parks Adventure Bus service to each park will also be provided on PAL for eligible riders.

Riders will be able to reserve	→ 9:00 ам
trips to <b>arrive at the parks</b>	▶ 10:45 ам
	12:00 рм
	→ 1:45 рм
	→ 3:45 рм
	11.10
Vehicles will <b>depart from the</b> <b>parks</b> at	<ul> <li>▶ 11:10 ам</li> <li>▶ 12:20</li> </ul>
	<ul> <li>12:20 рм</li> <li>2:10 рм</li> </ul>
	→ 4:05 рм



(0)@nftametro

6:00 рм

▶ 6:00 PM

# **PARKS EVERYDAY**

You don't have to wait to go on an adventure!

Take a look at this list of parks accessible on regular Metro routes:

- ✦ Gill Creek Park
- Ellicott Creek Park
- Grover Cleveland Golf Course
- Glen Park
- Shoshone Park
- Delaware Park
- Black Rock Canal Park
- Tow Path Park
- Front Park
- MLK Jr. Park
- Father Conway Park
- Walden Park
- Red Jacket Park
- Bailey Peninsula Park
- Cazenovia Park
- Seneca Bluffs Park
- Eighteen Mile Creek
- Knox Farm

Scan the QR code to learn how to access these parks:

716.855.7211

TTY/Relay 711 or 1.800.421.1220







# **NATURE IS FREE SEEING IT CAN BE TOO.**

On select Saturdays, NFTA-Metro is sending out the Adventure Bus to parks around the region.

Oh, and it's FREE. Yep. There is no fare for these trips, both ways. This is nothing but fun!







\$2 EACH WAY

EXPLORE ->

EVERYDAY

METRO ->

**Customer Service** 





### JUNE 17 • Knox Farm State Park

**Knox Farm State Park** is in East Aurora and is the former country estate of Buffalo's Knox Family. The park is 633 acres and has a variety of habitats, including 400 acres of grasslands and 100 acres of woodlands, ponds, and several wetland areas.

- Free scavenger hunt kit upon arrival
- Guided history tour
- Birding, picnicking, and hiking

### **JUNE 24** • Chestnut Ridge Park

**Chestnut Ridge Park** is in Orchard Park and provides great views of downtown Buffalo and Lake Erie. Chestnut Ridge Park is heavily forested with hiking trails and has a variety of ponds and creeks for fishing.

- 12PM: Join Park Rangers to walk two trails and learn about local plants and animals
- Disc golf, playgrounds, tennis courts, picnicking, and scenic viewing

### **JULY 1 •** Reinstein Woods + Como Lake Park

### Enjoy one or BOTH parks this weekend!

Como Lake Park just four miles down the road, in

Basketball, bicycling, disc golf, fishing, hiking,

Lancaster is full of different types of wildlife and

recreation opportunities. Check out the Como

Lake Lighthouse and man-made lake.

picnicking, and playgrounds

## Trip times will vary for this adventure. Visit: metro.nfta.com.

**Reinstein Woods Nature Preserve** is located in Cheektowaga, a 292-acre forested complex that includes wetlands and ponds.

- Free scavenger hunt kit upon arrival
- Guided nature walks at 9:30AM and 1:00PM
- Visit the Education Center from 1 4:30PM
- Hiking, wildlife, and nature play area

JULY 8 • Fort Niagara State Park

Located on the shore of Lake Ontario, **Fort Niagara State Park** is a large park with unparalleled views of Toronto, Canada on clear days. There are multiple trails for walking the historic campus that features old Navy barracks and the Old Fort Niagara living history museum.

- Free scavenger hunt kit upon arrival
- Guided bird walk
- Swimming pools and water slide, playgrounds, soccer fields, hiking, and picnicking
- Visit historic Old Fort Niagara (fees apply) adjacent to the state park

## **JULY 15** • Emery County Park

**Emery County Park** is a 490-acre park located in South Wales. Emery Park is considered the most unique park, combining natural beauty and solitude.

 Baseball, bicycling, disc golf, hiking trails, picnicking, playgrounds, and tennis

### JULY 22 · Beaver Island State Park

**Beaver Island State Park** is located on the south end of Grand Island, and is home to a sandy beach, and Grand Island Historical Society, inside the 170-year old Villa at River Lea.

- Free scavenger hunt kit at the Nature Center
- Guided park walk
- Enjoy the sandy beach for swimming or sun
- Hiking, playgrounds, athletic fields, and horseshoeing

### JULY 29 • Akron Falls Park

**Akron Falls Park** is a historic park that was created by the Civil Works Administration in the early 20<sup>th</sup> century. It features a dam and artificial lake, a stone garden, and the prominent natural Akron Falls.

- 1 PM: Join Park Rangers at the tennis courts to begin a historic storytelling tour of the park's mysterious history including a view of Akron Falls
- Playgrounds, basketball, tennis, picnicking, and fishing



If an adventure is severely impacted due to weather, **August 12** will be reserved for make-up trips.

### AUGUST 5 • Evangola State Park

**Evangola State Park** is located near the small village of Farnham along the shore of Lake Erie. It has a natural sand beach and beautiful shale cliffs. Check out the nature center to learn about the multicultural history of the park.

Free scavenger hunt kit available

NEW

SEASONAL TRIPS

- Enjoy the sandy beach for swimming or sun
- Picnicking, basketball, tennis, baseball and nature center

Seasonal trip dates and times will be announced at a later date. Visit: metro.nfta.com.

#### **FALL FEST AT REINSTEIN WOODS**

Kick off the fall season by spending a day in the woods.

### **FALL FEST AT COMO LAKE PARK**

FREE family fun for everyone. Features food trucks, entertainment, vendors.

#### **SANTALAND AT CHESTNUT RIDGE PARK**

Get into the holiday spirit with a fun-filled visit to Chestnut Ridge Park.