

POLAR PLUNGE

Saturday, January 23, 2016

At Grafton Lakes State Park's 31st Annual Winter Festival

Proceeds to Benefit Our Lady of the Snow's Food Pantry

Check-in starts at 12:00, Plunge at 1:00



Last Year's Silliest Costume Winner!

Prepaid registration required and limited to the first 50 people.

Registration fee of \$20 includes t-shirt and hot drink.

(\$10 entry for no shirt or drink)

Check-in and plunge will be near the boat house.

We recommend a robe/towel and slip-on footwear.

Heated changing rooms are available a short distance away.

Make checks payable to Knights of Columbus Council 14164 and mail entry to:

**Polar Plunge c/o Maureen Cox
2 Longhill Road
Troy, NY 12180**

For more information or to confirm registration call Maureen at 518-281-6575

Registrations must be received by Jan. 14 to guarantee t-shirt.

No day-of-event registration allowed.

Again this year, Prize to Silliest plunge costume!

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Name: _____

Address: _____

Phone: _____

Emergency contact (name & phone): _____